

# Kids First

Child Advocacy Center of the Ninth Judicial District of TN



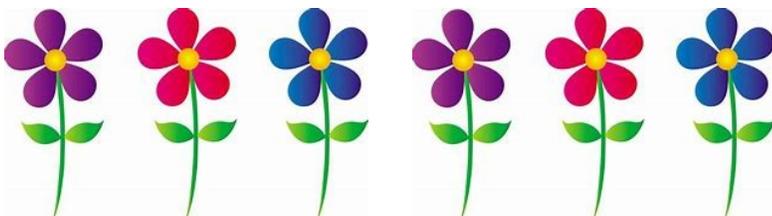
**AUGUST 2018**



Kind hearts are the gardens  
Kind thoughts are the roots,  
Kind words are the flowers,  
Kind deeds are the fruits,

Take care of your garden  
And keep out the weeds,  
Fill it with sunshine,  
Kind words and kind deeds.

*~ Henry Wadsworth Longfellow*



## VOLUNTEERS NEEDED

Are you looking for a rewarding activity for a couple of hours a week? We are looking for volunteers to help us at our agency. Volunteer opportunities that are available are:

- Collation of the newsletter to be mailed out on a quarterly basis.
- Sit /Play with the younger children in the waiting area/toy rooms while their non-offending caregiver is meeting with the therapist.
- Answer phones and greet clients who visit the center, as well as providing snacks to the clients.

Please contact Margaret at (865) 986-1505 if you are interested in helping us. It will require a background check and paperwork to be filled out for the safety of our clients.



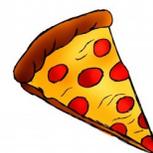
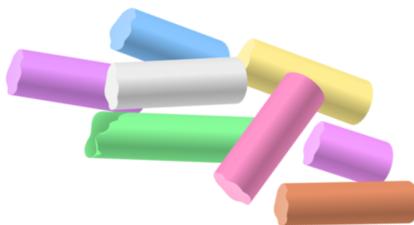
## 14th ANNUAL BACK TO SCHOOL BASH

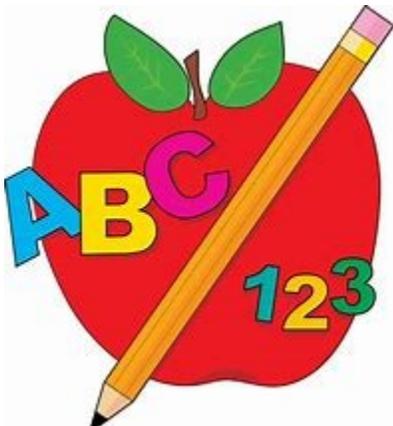
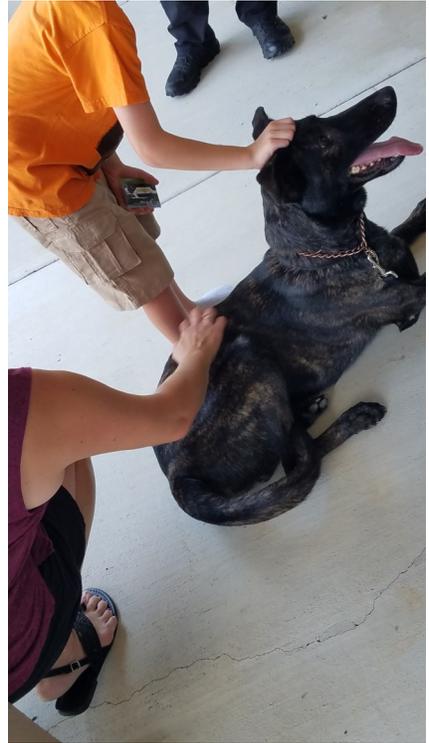
Thanks to donors and volunteers, we had another successful back-to-school bash for our therapy kids and their families on July 26, 2018. The kids had a wonderful time playing on the bouncy slide, visiting with the Loudon County Sheriff Department K-9's and handlers, drawing with sidewalk chalk and blowing bubbles. Everyone was treated to pizza and dessert. The greatest joy was watching children select their favorite book bag then filling the book bags with needed school supplies! School supplies and book bags were in part made possible by the United Way of Loudon Co, Perma-Fix, Ten Mile United Methodist Church, Oral Baptist Church, and Jonathan Monat. Volunteers of Oral Baptist Church helped stuff the backpacks while other volunteers interacted with the kids and their families. Approximately 40 backpacks were given away!

If you didn't have the opportunity to help and would still like to, you can mail your donation to P.O. Box 928, Lenoir City, TN 37771 or stop by our office at 887 Highway 70 W, Lenoir City, TN 37771. We have a need for book bags and school supplies throughout the year as we serve new victims of child abuse daily.

*THANKYOU* so very much to the volunteers and donors who made this year's back-to-school bash a success once again!

Thank  
YOU





# CONTRIBUTORS

January 1-June 30,2018

In kind and cash donations help to support services provided for children and their non-offending caregivers whose lives have been impacted by abuse. On behalf of the Board of Directors, the staff, and most importantly, the children whose lives are truly made better because of your gifts, **WE THANK YOU**

100 Women Group  
Susan Gingrich  
Jeffrey Wieland  
St. Thomas the Apostle Church  
Mr. & Mrs. Dean Anderson  
Michael & Lloyetta Atkins  
Mr.&Mrs. Kenneth Ballien  
Mr. and Mrs. Brock Benn  
Jerry Biggers  
Mr&Mrs Boyd Blevins  
Mr&Mrs Farrell Bruner  
Central UMC Lenoir City  
City of Harriman  
Nancy Currence  
Carol Durham  
Mr & Mrs Harold Egler  
Larry Evans  
First United Methodist -OR  
First Baptist Church of T.V.  
GFWC Tellico Village  
Good Neighbors Shoppe  
Griffin Insurance  
Jaqueline Griswold  
Mr & Mrs Stephan Haag  
Jan Hahn  
Richard and Debra Hall  
Mr & Mrs Brett Hayes  
Delma Hendley  
Edward & Marilyn Hostick  
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Karen Keirstead  
Kimberly Clark Corp.  
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LCUB  
Loudon County Government

Mr & Mrs William Macklem  
Christa Mann  
Meigs Co Tennessee  
Jane Mocilac  
Morgan Co Government  
Mossing Mgmt Consult. Serv.Inc.  
MBS Capital Markets LLC  
Carolyn Page  
Mr & Mrs Bill Peterson  
Mr & Mrs Alcide Porell  
Norma Racke  
Ken & Diane Ray  
Roane Co Circuit Court  
Roane County United Way  
Ann Goldston  
Balie Ross & Arthur Stewart  
Loudon Rotary Club  
Beth Sams  
Lawrence & Kathleen Schaefer  
Mr & Mrs Joseph Solymossy  
Community Church at Tellico Vil-  
lage  
Tellico Village Ladie's Lunch  
Group  
Mr & Mrs Robert Thelen  
United Methodist Women 22  
Mr & Mrs Gary Underwood  
United Way of Loudon County  
TM or H Valenzo  
Mr & Mrs George Walter  
Mr & Mrs John Weaver  
Ruth Ann Wampler  
Kathy Wampler  
Linda Wright

*Thank  
you*

## Gifts In Memory of

Ted Wampler

Jane Matlock

Connor Joseph Erickson

Mr. & Mrs. Ranck

## Gifts In Honor of

Jeanette Rogers

Bryon Harrison

Ken Scholeling

Mr & Mrs. Schmidtke

Frances Wampler

Jane Matlock

## In-Kind Donations

Katy and Marty Stanley  
Mr. & Mrs. Brett Hayes  
Ruth Ann Wampler  
William L Carr Jr  
Tricia May  
Home Life Loudon Women's Club

## Our Thanks to Volunteer Ginger Barthel

Since 2011, Ginger Barthel has given endless hours as a volunteer. She began sitting with kids as they awaited appointments for forensic interviews or therapy. Then she joined our Forensic Medical Examination Team and prior to leaving the CAC Volunteer family, she was the handler of Jewel, a comfort dog. Ginger and Jewel joined our therapy clients weekly and just their presence gave victims a sense of peace that seemed to carry-over to their therapy appointments. Sadly we had to say goodbye to Ginger as she and her husband moved out of state to be closer to family. We will sincerely miss her hard work, support and dedication to the CAC but wish her the best of luck in her new home!



Congratulations to Darcy, our Family Advocate and her husband, on the birth of their son Spencer Henry Loud! He was born on April 5, 2018, weighing in at 5lbs and 9oz's. We couldn't be happier for Darcy on the birth of her beautiful son Spencer!

**B** **A** **B** **Y**

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# SCAN STATISTICS

## *How We Served Our Area Schools*

During the 2017-2018 school year SCAN served 19 schools and 3,464 students enrolled in kindergarten, first, third, fifth and seventh grades, attending schools in Loudon, Meigs, Morgan and Roane Counties. The goal of SCAN is to educate children on boundaries, safe and unsafe touches or acts and the importance of telling a safe adult if a child has ever experienced an unsafe touch or act. The educational program is age-appropriate and uses language familiar to children as children use their words to talk about unsafe touches or secrets. The program uses a puppet show for kindergarten and first graders while the third, fifth and seventh grades view video-tapes of children talking about their experiences and how talking to someone helped the child begin to recover from those experience. Our staff facilitates a question/answer session with students, providing clarity and direction. This program has been approved by the public schools in Loudon, Meigs, Morgan and Roane Counties and has been a part of the school curriculum since 2005. The staff of Kids First is highly trained and qualified to teach children about child abuse and hope to provide education that will prevent children from becoming victimized since statistically 1 of every 4 girls and 1 of every 6 boys (1 in 10 children) will be abused by their 18<sup>th</sup> birthday. SCAN offers information that will help a child recognize potentially dangerous situations, grooming behaviors and how to get help. Children are taught to tell someone; mom, dad, grandma, uncle, teacher, etc...and get away from the person asking him/her to keep unsafe secrets regarding inappropriate acts or touches. Children learn that no matter what has happened, they never deserve to be abused and it's not their fault. Children are not taught that everyone is an abuser but are taught that their bodies are private and should be touched by someone else when help is needed due to medical needs or an injury or for hygiene purposes. Unfortunately, 90% of the children are abused by a family member or close family friend. We have been offering SCAN since 2005 and have noticed an increase in self-disclosures as well as children telling a trusted adult of the abuse a friend may be experiencing.



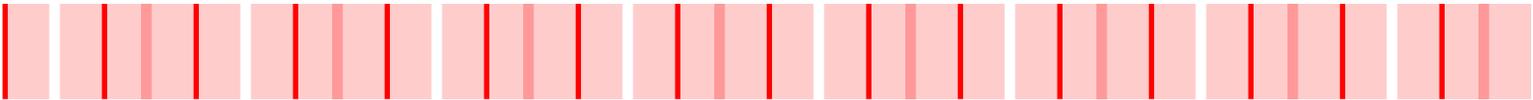
*Kari Watson, our Forensic Interviewer presented a SCAN program to local elementary school-aged children.*

**MORNING POINTE OF LENOIR CITY DONATES TOYS!**



*We gratefully received two boxes stuffed with new toys from the residents and staff of Morning Pointe of Lenoir City. They have been collecting toys for us for several years now! These toys are given to children to help relieve the stressfulness caused by their abuse.*

*Thank you residents and staff of Morning Pointe of Lenoir City!*



## How you can help

Yes, I want to support the services, care and comfort provided to severely abused children by the CAC. Please accept my tax deductible gift.

NAME

ADDRESS

CITY/STATE/ZIP

- ◇ In Memory of
- ◇ In Honor of
- ◇ Anonymous
- ◇ Enclosed is my check in the amount of \$\_\_\_\_\_.

Please make checks payable to:

Child Advocacy Center  
P.O. Box 928  
Lenoir City, TN 37771

Hello  
AUGUST

"Follow" and "Like Us" on Facebook  
"Kids First TN" to see notices about our  
upcoming events and dates.  
**We look forward to seeing you soon!**

## **How are your contributions used within our agency?**

- ◇ **Forensic Interviews –designed to catch relevant facts regarding the child's allegations of abuse.**
- ◇ **Forensic Medical Exams designed to gather any medical evidence, testing for sexually transmitted diseases and pregnancy testing.**
- ◇ **Therapy Sessions with a licensed therapist for the victim and his/her family.**
- ◇ **Public education for school age children through SCAN - *Stop Child Abuse and Neglect*, within the Ninth Judicial District. This is to empower children with the knowledge of what child abuse is, who may abuse, and what to do in a potential or real situation of child abuse.**
- ◇ **Educational classes for teenage mothers-to-be.**
- ◇ **Backpacks and school supplies for children that are in therapy.**
- ◇ **Christmas gifts for those in need in our therapy sessions.**
- ◇ **Family Advocacy to support children endangered by drug/alcohol abusing or addicted caregivers.**
- ◇ **Services assisting non-offending caregivers regarding the judicial system, support, education group, referral to services needed by the non-offending caregivers.**

*Thank you for your contributions!*

## 7 Steps to Protect Children -from the non-profit organization Darkness to Light (www.D2L.org)

1. Learn the facts and Understand the Risks—*realities—not trust—should influence your decisions regarding children.*
2. Minimize the Opportunity—*If you eliminate or reduce—adult/one-child situations, you'll dramatically lower the risk of sexual abuse for children.*
3. Talk about it—*Children often keep abuse a secret, but barriers can be broken down by talking openly about it.*
4. Stay alert—*Don't expect obvious signs when a child is being sexually abused. Signs are often there but you've got to spot them.*
5. Make a plan—*Learn where to go, whom to call, and how to react.*
6. Act on suspicions—*The future wellbeing of a child is at stake.*
7. Get involved—*Volunteer and financially support organizations that fight the tragedy of child sexual abuse.*

*"7 Steps to Protecting our Children."* Darkness to Light. 2007

*Educate Advocate Donate Participate*

### **Reporting Child Abuse**

Tennessee Law requires that any person who knows or has reason to suspect that a child has been abused must report the allegation to the toll-free hotline number or local law enforcement.

Remember, "has reason to suspect" means you have seen indicators of abuse, the child has disclosed abuse, or you have a "gut" feeling something may not be right. It does not mean that you are certain the abuse

occurred. Reporting abuse, or suspected abuse, is actually a request for professionals to investigate further. *Failure to report child abuse is punishable by up to 11 months and 29 days in jail and a maximum fine of \$2,500.*

**If you suspect child abuse call the Tennessee Toll-Free Hotline at 1-877-237-0004**





Chris Evans-Longmire  
Executive Director  
cevens@cac9jd.org



Child Advocacy Center of the Ninth Judicial District of Tennessee, Inc.

Physical Address: 887 Highway 70 W      Mailing Address: PO Box 928  
Lenoir City, TN 37771

PHONE (865) 986-1505      FAX (865) 986-1547

[WWW.KIDSFIRSTTN.ORG](http://WWW.KIDSFIRSTTN.ORG)

[Like Us on Facebook: Kids First TN](#)

Our Mission: *to heal the pain of child abuse*

A private, non-profit agency serving severely abused children between the ages of 3 to 17 in the counties of Loudon, Morgan, Meigs and Roane

**CAC STAFF**

Mona Williams-Hayes, Ph.D., LCSW  
Beth Catchot, LCSW  
Hannah Ridenour, MSSW  
Darcy Loud  
Tasha Watson  
Kari Anna Watkins  
Crystal Deinhart  
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Joyce Peterson  
Millie Bruner, RN  
Gail Clift, CPNP, SANE

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Bookkeeper	jpeterson@cac9jd.org
Volunteer Nurse	
Forensic Medical Examiner	



**CAC Board of Directors**

Beth Sams	Monty Ross
Dan Tipton, Vice President	Jennifer Estes
Christine Evans-Longmire, E.D.	

# Automatic Giving Opportunities



## **Kroger Community Rewards**

makes fundraising easy.....all you have to do is shop at Kroger and swipe your Plus Card. If you already have an online account with Kroger, sign in (or create an account). Once signed in you can enroll or update your Community Rewards (Plus Card) under Account Settings.

**Our NPO # is 21056.** To verify you are enrolled correctly, you will see our organization's name on the right side of your information page.

**If you are already enrolled in Kroger Community Rewards you must re-enroll your Plus Card each year**



If you are a frequent shopper on Amazon, please take a few moments to designate the CAC as the recipient of your **AmazonSmile** purchases. **AmazonSmile** is the same Amazon you know. Same products, same prices, same service. This program is a simple and automatic way for you to support the CAC every time you shop (at no cost to you!). We will receive .05% of the purchase price of eligible **AmazonSmile** items (products are marked "Eligible for **AmazonSmile** donation" on the product detail page). If you already have an Amazon.com account you may continue to use that account (or **AmazonSmile**) but first designate the CAC as your charity:



KidCents partners with hundreds of nonprofit child-focused organizations that are committed to helping improve the health and well-being of children. By participating in KidCents, wellness+ with Plenti members can round up every purchase at Rite Aid to the nearest dollar and designate their change to their charity of choice, giving kids a chance for better lives and brighter futures. Kids First CAC is one of more than 360 nonprofits benefiting from The Rite Aid Foundation's KidCents round-up program. Please go to [www.kidcents.com](http://www.kidcents.com)

Choose: 'Select a Charity' and input Kids First

NATIONAL CHILDREN'S ALLIANCE



Accredited Member



Licensed by the TN Department of Mental Health and Developmental Disabilities  
Tennessee Chapter of Children's Advocacy Centers



Phone (865) 986-1505

Lenoir City, TN 37771

PO Box 928

of the Ninth Judicial District of TN

**Child Advocacy Center**

**Kids First**

RETURN SERVICE REQUESTED

NON-PROFIT ORGANIZATION  
U.S. POSTAGE PAID  
LENOIR CITY, TN  
PERMIT NO. 254