

How kids first helped me.

Kids first helped me talk about and understand what happened was not my fault. I also learned what happened to me and also other children it will change your life forever. And also you cant hide what happened to you cause it will effect you in the future. When you see the person out in public or you see something or smell something that reminds you of he or she to take a deep breath and relax. But what I do have to tell you is even though you have to go through courts and everything else it will get better trust me. Kids first has helped me and also effected my life in a good way.